



COVID-19

Performing the Mission

The Do's and Don'ts



Together as we continue to slow down COVID-19, remember these Do's and Don'ts as we continue to perform the mission. **Stay Vigilant, Exercise Risk Management** and remember the **Environment is not 100% Safe**.
To prevent a “flare-up” or relapse of the outbreak:

DO



6ft



- Continue frequent handwashing for 20 seconds and avoid touching your face
- Continue self-assessments, stay home and call the 48 MDG if feeling sick
- Apply physical distancing to worksites, tasks, processes
- Use approved disinfectants and PPE according to CDC and OSHA guidelines
- Wear face coverings when unable to maintain physical distancing

DON'T



- Get complacent and relax on hygiene (handwashing, cough/sneeze etiquette, cleaning of high touch surfaces, physical distancing)
- Gather in the masses (BBQs, meetings, all social events must wait)
- Change shifts frequently
- Mix chemicals or incorrectly use PPE when disinfecting
- Let your guard down

<https://www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html>

<https://www.cdc.gov/coronavirus/2019-ncov/prepare/disinfecting-building-facility.html>