

Name: \_\_\_\_\_ FMP/SSN last four: \_\_\_\_\_ DOB: \_\_\_\_\_  
 Appointment Date: \_\_\_\_\_ Contact Number: \_\_\_\_\_

## 4 - 11 MONTH VISIT

Do you have any specific concerns today? \_\_\_\_\_  
 \_\_\_\_\_

Any recent ER visits?  Yes  No When: \_\_\_\_\_ Reason: \_\_\_\_\_

\*\*\*\*\*(Please complete information below: If filled out before, list only changes since the last visit.)\*\*\*\*\*

| Chronic Medical Conditions | Surgeries/Hospitalizations (Dates) | Family History (biological siblings, parents, grandparents)<br>(Circle all that apply) | Medicines<br>(PLEASE INCLUDE DOSAGE)  |
|----------------------------|------------------------------------|--|---|
|                            |                                    | Allergies<br>Asthma<br>Other:  | <u>(Include over-the-counter meds, Tylenol, Motrin, vitamins, herbal supplements):</u><br><input type="checkbox"/> Infant Multivitamin 1 ml per day<br><input type="checkbox"/> Vit D 400 IU 1 drop per day |

Circle if anyone in the family has had: Genetic or Metabolic Disease / Birth Defects / Kidney Disease / Deafness < 5 years old  
 Early Death or Sudden Unexplained Death of Infant or Child (to include SIDS)

Please list any known allergies your child has (drug, food, latex) \_\_\_\_\_

Is your child enrolled in the Exceptional Family Member Program (EFMP/Q-coded)?  Yes  No

Is the child's sponsor currently deployed?  Yes  No Is this visit deployment related?  Yes  No

Is either of the child's parents on PRP status?  Yes  No

Are your child's immunizations up to date?  Yes  No  Unsure

Who does your child live with? \_\_\_\_\_

Does your child attend daycare?  Yes  No

Does anyone in the family smoke?  Yes  No

Do you & your child feel safe at home?  Yes  No

What is your preferred method for learning:  Verbal  Written  Visual  Other: \_\_\_\_\_

Preferred language:  English  Other: \_\_\_\_\_

Are there cultural or religious considerations that affect your child's healthcare?  Yes  No \_\_\_\_\_

**Birth History: (if not completed before)**

# weeks pregnant at delivery? \_\_\_\_\_

Type of Delivery (check all that apply):  Vaginal  Forceps  Vacuum-assisted  C-section  Breech

Complications at birth? \_\_\_\_\_

Prenatal complications?  Yes  No List: \_\_\_\_\_

Group B Strep positive?  Yes  No  Don't Know

Baby's hearing screen normal?  Yes  No  Not performed

Breastfeeding?  Yes  No How often? \_\_\_\_\_ Minutes per breast? \_\_\_\_\_ Concerns? \_\_\_\_\_

Bottle feeding?  Yes  No Brand? \_\_\_\_\_ Ounces per feed? \_\_\_\_\_ Ounces per day? \_\_\_\_\_


Cereal?  Yes  No How many times per day? \_\_\_\_\_ Solid foods?  Yes  No How many times per day? \_\_\_\_\_

Number of wet diapers per day? \_\_\_\_\_ Stools per day? \_\_\_\_\_

Circle if you have any concerns about the following: Bowel movements / Constipation / Sleep problems / Vision / Hearing

In the age group below that is closest to your child's age, please check the items your child is able to perform

| 4 MONTH   | 6 MONTH  | 9 MONTH  |
|---|--|--|
| <input type="checkbox"/> Turns toward voices                    | <input type="checkbox"/> Babbles                       | <input type="checkbox"/> Sits without help                       |
| <input type="checkbox"/> Head steady when sitting               | <input type="checkbox"/> Responds to name              | <input type="checkbox"/> Crawls                                  |
| <input type="checkbox"/> Bears weight on legs                   | <input type="checkbox"/> Passes toys from hand to hand | <input type="checkbox"/> Pulls to a stand                        |
| <input type="checkbox"/> Pushes chest off surface when on tummy | <input type="checkbox"/> Sits without help if propped  | <input type="checkbox"/> Feeds self with fingers                 |
| <input type="checkbox"/> Brings hands together                  | <input type="checkbox"/> Rolls from back to front      | <input type="checkbox"/> Grabs small objects with hands          |
| <input type="checkbox"/> Reaches for objects                    | <input type="checkbox"/> Rolls from front to back      | <input type="checkbox"/> Plays Peek-a-Boo                        |
| <input type="checkbox"/> Laughs                                 |  | <input type="checkbox"/> Shy with strangers                      |
|   |  | <input type="checkbox"/> Remembers an object is there if covered |

|        |  |   |
|--------|--|---|
| Weight |  | <b>Pain:</b> <input type="checkbox"/> Yes <input type="checkbox"/> No <b>Location of Pain</b> _____<br><br><b>Imm UTD per ASIMS:</b> <input type="checkbox"/> Yes <input type="checkbox"/> No<br><b>Technician Signature:</b> _____ |
| Length |  |   |
| OFC    |  |   |

**HPI:**

| NE                       | Examination:           | Normal  | Abnormal                                      |
|--------------------------|------------------------|---|---|
| <input type="checkbox"/> | <b>General:</b>        | <input type="checkbox"/> Active/Alert/WN/WD/NAD/ not dysmorphic   | <input type="checkbox"/>                      |
| <input type="checkbox"/> | <b>Head/Neck:</b>      | <input type="checkbox"/> NCAT/Nontender/FROM/Fontanelle open & flat/no cleft or pit                                   | <input type="checkbox"/>                      |
| <input type="checkbox"/> | <b>Eyes:</b>           | <input type="checkbox"/> RR X2, nl corneal reflex, EOMI, no strabismus  | <input type="checkbox"/>                      |
| <input type="checkbox"/> | <b>R ear:</b>          | <input type="checkbox"/> TM gray/nl landmarks, nl pinna/ext ear canal   | <input type="checkbox"/> Bulging/immobile/red |
| <input type="checkbox"/> | <b>L ear:</b>          | <input type="checkbox"/> TM gray/nl landmarks, nl pinna/ext ear canal   | <input type="checkbox"/> Bulging/immobile/red |
| <input type="checkbox"/> | <b>Nose:</b>           | <input type="checkbox"/> Patent, No congestion/discharge  | <input type="checkbox"/> Congested            |
| <input type="checkbox"/> | <b>Oropharynx:</b>     | <input type="checkbox"/> Pink, moist, no lesions  | <input type="checkbox"/>                      |
| <input type="checkbox"/> | <b>Lungs:</b>          | <input type="checkbox"/> CTAB, no retractions, nl WOB   | <input type="checkbox"/>                      |
| <input type="checkbox"/> | <b>CV:</b>             | <input type="checkbox"/> RRR, no murmur, strong femoral pulses, cap refill < 2 sec                                    | <input type="checkbox"/>                      |
| <input type="checkbox"/> | <b>Abd:</b>            | <input type="checkbox"/> Soft, NT, no HSM, no masses, nl BS, no umbilical/inguinal hernia                             | <input type="checkbox"/>                      |
| <input type="checkbox"/> | <b>Ext/Spine:</b>      | <input type="checkbox"/> NL, FROM, nontender, no edema, no lumbosacral pits   | <input type="checkbox"/>                      |
| <input type="checkbox"/> | <b>Skin:</b>           | <input type="checkbox"/> No rash, No bruises  | <input type="checkbox"/>                      |
| <input type="checkbox"/> | <b>Hips:</b>           | <input type="checkbox"/> Full ROM, Symmetric skin folds<br><input type="checkbox"/> Neg Barlow/Ortolani (at 4 months) | <input type="checkbox"/>                      |
| <input type="checkbox"/> | <b>Neuro:</b>          | <input type="checkbox"/> Normal tone/strength/symmetry  | <input type="checkbox"/>                      |
| <input type="checkbox"/> | <b>Genitalia:</b>      | <input type="checkbox"/> NI female/no adhesions <input type="checkbox"/> NI male, Testes down                         |   |
| <input type="checkbox"/> | <b>Other findings:</b> | <input type="checkbox"/>  | <input type="checkbox"/>                      |

**LABS/X-RAYS:**  Passed hearing screen at birth      **Metabolic screen:**  Normal  Abnormal


**ASSESSMENT:**  Well baby: normal growth & development for age  
 ASQ performed. NI development in all areas.

**PLAN:**  400 IU Vitamin D supplement/day  
 Fluoride supplementation (begins at 6 months) as needed locally  
 Immunizations per clinic schedule

**F/U:** at next well child visit at \_\_\_ months, sooner if parental concerns  
 Patient and/or parent verbalizes understanding of treatment and plan       Anticipatory guidance handout provided

**PREVENTION:**  Nutrition/Solid foods  Dental care  Safety/Falls  Car Seat  Child-proofing the house  Tobacco avoidance

**Signature:** \_\_\_\_\_  
**Date:** \_\_\_\_\_  
**Stamp:** \_\_\_\_\_

|   |                        |               |
|---|------------------------|---------------|
| <b>RECORDS MAINTAINED AT:</b>  |                        |               |
| PATIENT'S NAME (Last, First, Middle Initial)  |                        | SEX           |
| RELATIONSHIP TO SPONSOR   | STATUS                 | RANK/GRADE    |
| SPONSOR'S NAME  |                        | ORGANIZATION  |
| DEPART./SERVICE   | SSN/IDENTIFICATION NO. | DATE OF BIRTH |